

Coordinated  **Family Care**

**ANNUAL
REPORT**

COORDINATED FAMILY CARE OF
MIDDLESEX COUNTY

FY 2016

TABLE OF CONTENTS

Contents

WELCOME LETTER _____	1
BOARD OF TRUSTEES _____	2
MISSION & VISION _____	3
CORE VALUES _____	4
HISTORY AND NOTES _____	5
STAFF INFORMATION _____	6
YOUTH DEMOGRAPHICS _____	7
OUTCOMES _____	9
FINANCIAL SUMMARY _____	11
STRATEGIC PLAN _____	13



WELCOME LETTER

November 2016

Dear Friends,

I am honored to present this Annual Report on Coordinated Family Care (CFC). Under my tenure, CFC has experienced its greatest growth in 13 years, expanding from a capped daily contract ceiling of 200 youth and their families; being provided Wraparound care management services; to a daily census of over 975 youth. The increase in youth and their families served has also increased the number of CFC employees 35 to 95. This expansion has yielded both challenges and triumphs.

One of those challenges realized by the expansion included serving two new populations; the developmentally disabled and those with substance use needs. The learning curve resulted in ongoing organizational training to better inform the work.

One of the triumphs was a natural shift of those employed, becoming more closely reflective of Middlesex County's demographics.

I, along with the rest of the Trustees, am honored to be a part of this organization and look forward to the years ahead as CFC serves the youth of Middlesex County. We encourage everyone to become involved with the organization, either as a Trustee, advocate or family served.

Regards,

Andrea Mackaronis
Board Chairperson
2013 - Present

BOARD OF TRUSTEES

Andrea Mackaronis

Board Chairperson
Community Member

J.T. Miller

Board Vice Chairperson
Community Member

Mike Orth

Board Treasurer
Community Member

Jean Crawford

Community Member

John Guido

Family Member

Sol Heckelman

Community Member

Vicki Larsen

Community Member

Annie Lachs

Community Member

Kathleen O'Callaghan

Family Member

Patricia Spencer

Community Member

Yanela Stepheson

Community Member

Ravi Venkataraman

Community Member

Karla Wallack

Community Member



CFC MISSION & VISION

MISSION

Coordinated Family Care provides child centered and strength based care management services while partnering with families to realize their vision, goals, and full potential.

VISION

Coordinated Family Care is the catalyst for a united community that embraces growth and acceptance.

CFC CORE VALUES

Services are child centered and strength based.

Services are family friendly and family driven.

Services are community based and culturally competent.

Services have measurable outcomes.

Services are responsive to community needs.

HISTORY AND NOTES

CFC was incorporated September of 2001.

CFC served its first youth in November of 2003.

An active capped census of 180 youth was kept until it was increased to a capped 200 in July of 2009. During these periods, CFC employed 18 and 20 Care Managers, respectively.

In April of 2013, it was again increased to an uncapped 700, but this number has steadily increased over time.

CFC has served over 4000 youth in total.

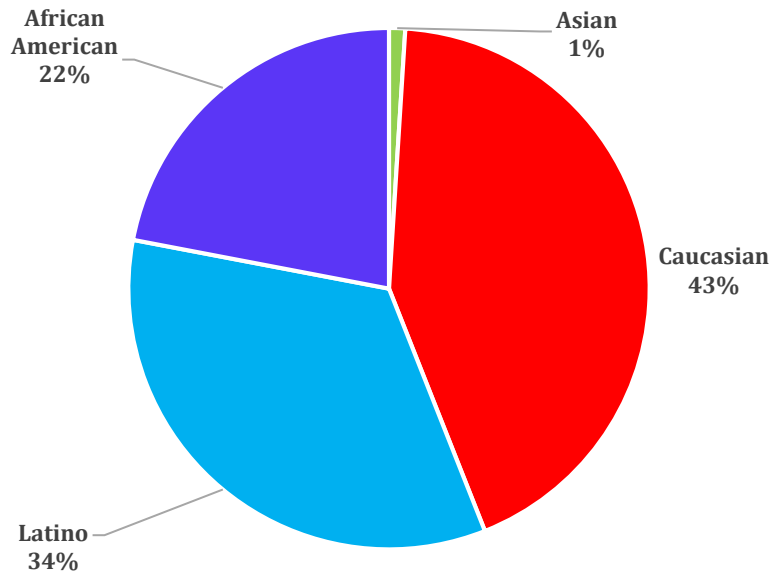
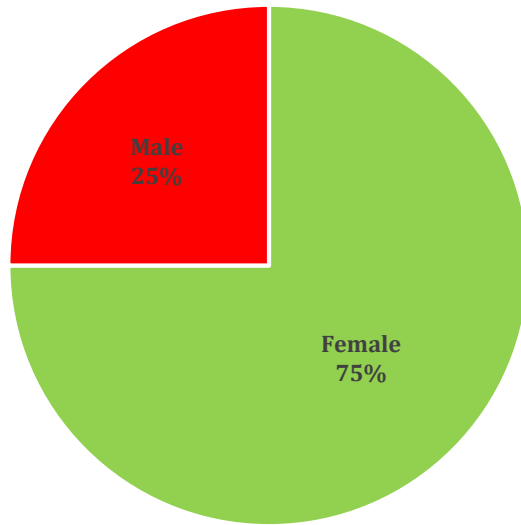
CFC implements the Milwaukee Wraparound Model.

All CFC staff, regardless of role, receives core training on Wraparound.

As of July 2016, CFC actively serves nearly 1000 youth and employs over 60 Care Managers.

STAFF INFORMATION

Current Employees:



YOUTH DEMOGRAPHICS

1768 youth were served in FY2016.

ACTIVE YOUTH*

62% Male / 38% Female

35% Caucasian / 34% Latino / 21% African American

36% of our youth are between the ages of 14 and 17.

45% of our youth were enrolled into CFC between the ages of 14 and 17.

16% of our youth are DCP&P involved.

13% of CFC youth are currently receiving treatment in a residential facility outside their home.

* Active youth statistics are current as of 10/15/16

COORDINATED FAMILY CARE

Most Common Diagnoses of Youth

(Each youth may have more than one diagnosis)

1. Attention Deficit Hyperactivity Disorder	28%
2. Oppositional Defiant Disorder	23%
3. Autism Spectrum Disorder	18%
4. Major Depressive Disorder	12%
5. Mood Disorder	9%

Specialized Populations

21% of open CFC youth are deemed “DD Eligible” by the State of New Jersey, and receive services from one of CFC’s teams that specifically serves youth with development and intellectual disabilities.

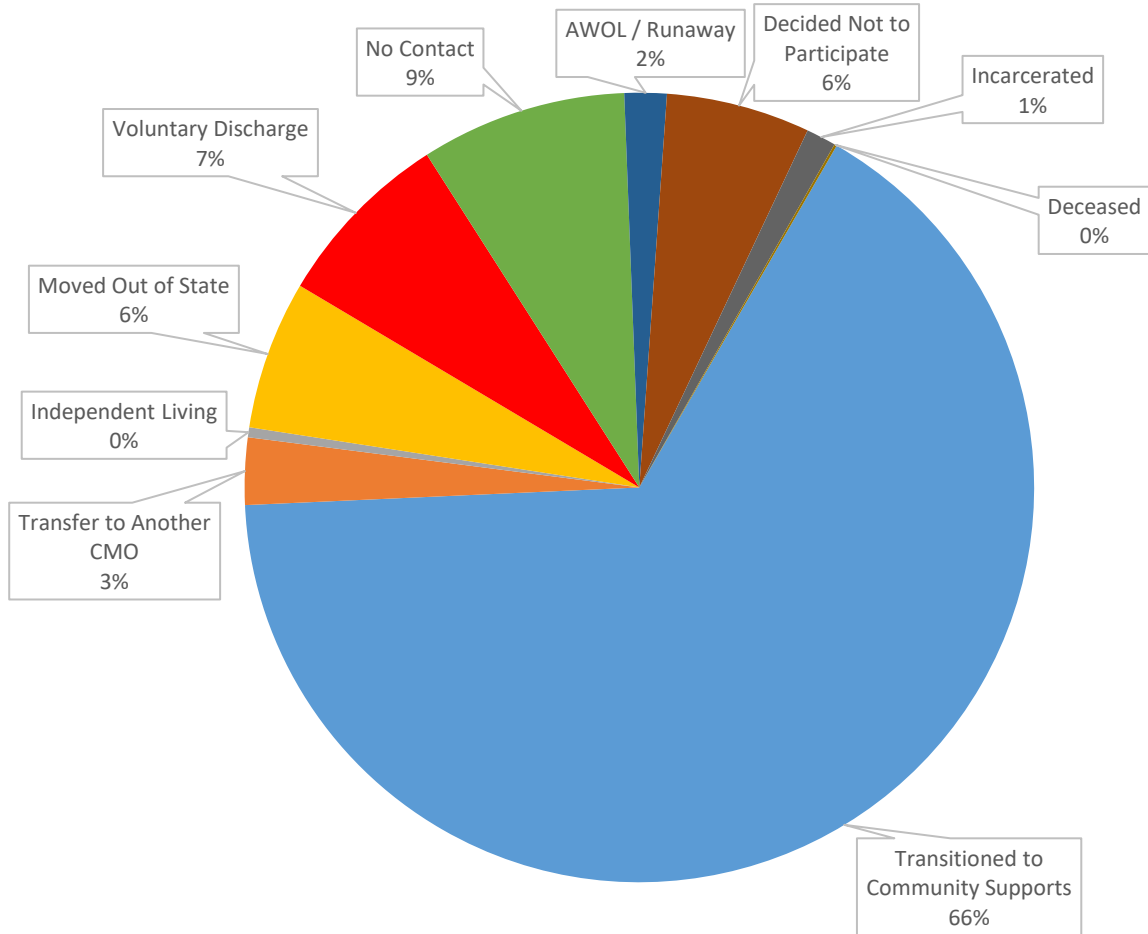
During FY16, 80 CFC youth (4.0%) spent time in the Middlesex County Youth Shelter, and 82 youth (4.6%) spent time at the county’s Juvenile Detention Center.

Top Five Towns Where Our Families Reside

1. New Brunswick	18%
2. Perth Amboy	11%
3. Edison	8%
4. North Brunswick	6%
5. Piscataway	5%

OUTCOMES

Youth Disposition at Time of Transition from Services



COORDINATED FAMILY CARE

Of the youth transitioned from CFC in FY16, the following can be said*:

91% could name positive supports in their life

56% understood the risks and benefits of medication

64% were able to always employ pro-social problem solving skills

59% had reduced psychiatric symptoms

77% demonstrated the ability to resolve conflict

76% better controlled and/or sought assistance with risky impulses

84% enjoyed social interaction

86% demonstrated social skills with others

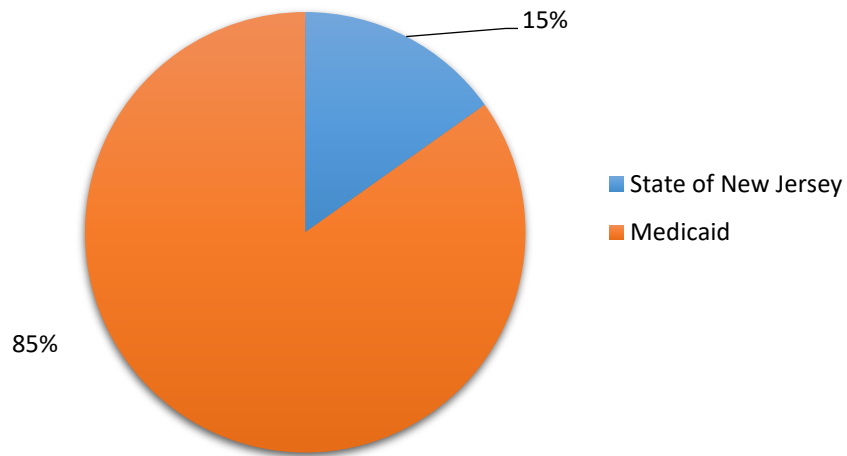
88% engaged in education most of the time



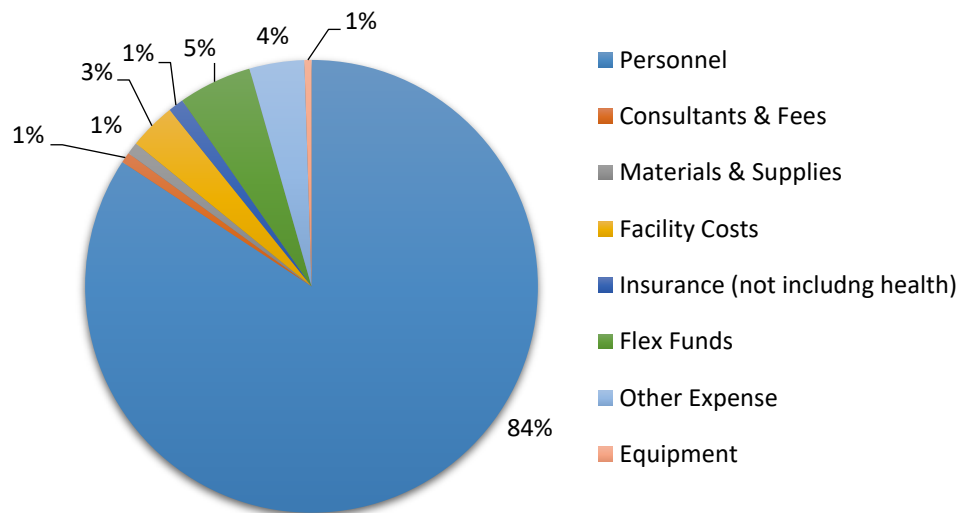
*Data obtained from Transition ISP's.

FINANCIAL SUMMARY

FY 16 Revenue Sources

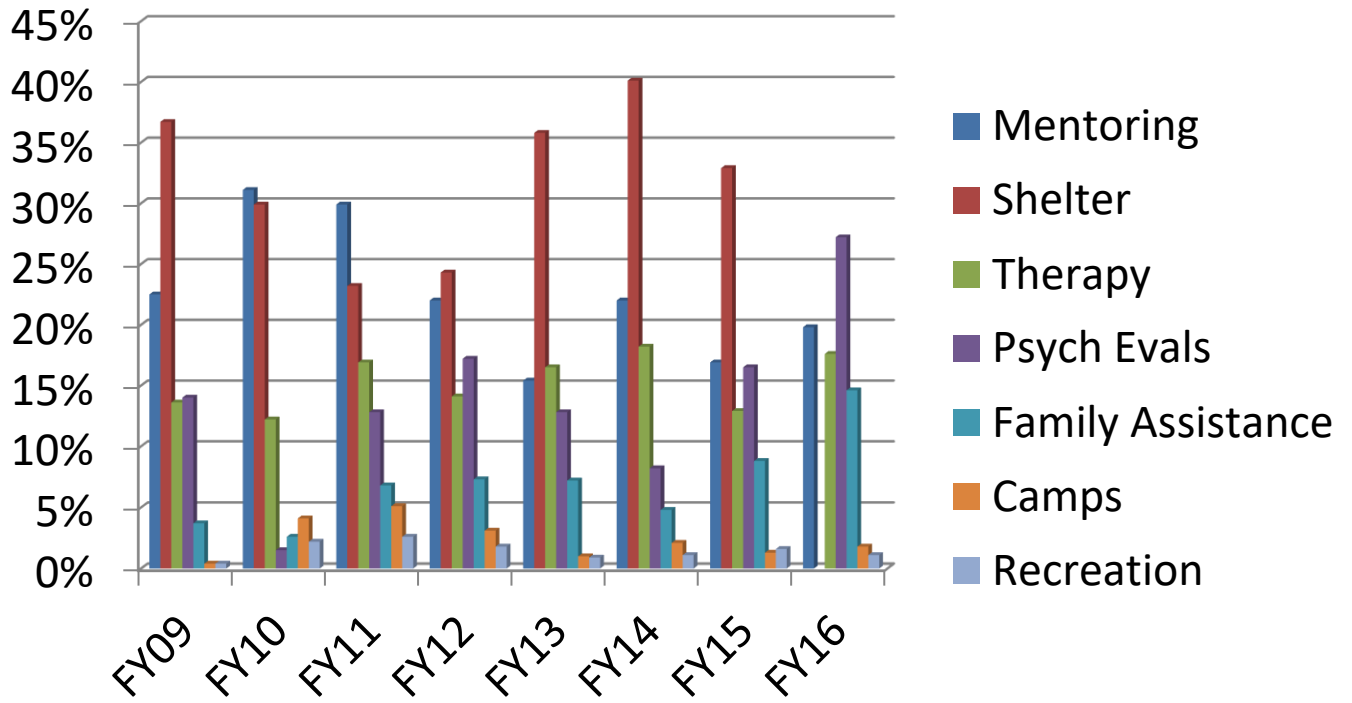


FY 16 Expenses



COORDINATED FAMILY CARE

FLEX FUND UTILIZATION



STRATEGIC PLAN

CFC has developed a comprehensive Strategic Plan for 2016-2019.

Goal #1: CFC will provide the highest quality services by offering flexible, sustainable, and adaptable evidence-based care through best practices, quality improvement, and outcomes management.

Goal #2: CFC will assure continued recruitment and retention of quality staff within the financial parameters of the budget.

Goal #3: In order to better support the organization and its mission, CFC will examine and improve the organization's infrastructure as well as examine specific roles to maintain efficiency and effectiveness of services.



CONTACT INFORMATION

Senior Leadership

Chief Executive Officer

Suzanne S. Kreie, LCSW

732-572-3663, x109

Chief Financial Officer

Joan Lyneis, BS

732-572-3663, x105

Chief Operating Officer

Kathy Bland, LCSW

732-572-3663, x108

Director of Quality & Information Technology

Jarrett Lynn, MSW

732-572-3663, x104

COMPANY INFORMATION

Coordinated Family Care

30 Silver Line Drive, Suite 1
North Brunswick, NJ 08902

732-572-3663

www.coordinatedfamilycare.org

www.MiddlesexResourceNet.org*

* Middlesex ResourceNet is a free web tool providing a wide range of information about support, resources, and services for families in Middlesex County.



Annual Report developed by Jarrett Lynn.